

Name:
Membership Number:

Please CLEARLY circle your answer choice for each question:

1. The immune system has two components, they are called:
 - a. Innate and adaptive
 - b. Introvert and extrovert
 - c. Complementary and alternative
 - d. Primary and secondary

2. Natural killer cells are part of the innate immune system?
 - a. True
 - b. False

3. Which of the following are not involved in the immune system response?
 - a. Bone marrow
 - b. Spleen
 - c. Lymphatic system
 - d. Gall bladder

4. T helper cells are matured _____?
 - a. Bone marrow
 - b. Thymus
 - c. Thalamus
 - d. Thyroid

5. T helper cells are linked to autoimmune cells?
 - a. True
 - b. False

6. T Helper 1 cells are associated with _____?
 - a. Multiple sclerosis
 - b. Sinusitis
 - c. Scleroderma
 - d. Eczema

7. T Helper 2 cells are associated with _____?
 - a. Rheumatoid arthritis
 - b. Ceoliacs disease
 - c. Diabetes
 - d. Scleroderma

8. GAS stands for _____?
 - a. golden aged syndrome
 - b. generalised adaptive syndrome
 - c. generalised aged symptoms

9. The stress response is associated with what part of the nervous system?
 - a. the enteric nervous system
 - b. the somatic nervous system
 - c. the autonomic nervous system.

10. What is HPA?
 - a. hypothalamus pituitary axis
 - b. craft beer
 - c. hippocampal pituitary adrenals