

# Pilates Alliance of Australasia – 2022 AGM

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Date: 21 October 2022

Venue: Via Zoom

Meeting opened at 16:03

Meeting concluded at 16:35

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## Attendees

PAA committee members: Robyn Rix (President), Chris Lavelle (Vice President), Meredith Brooks (Treasurer), Karen Goh (Secretary), Committee members Daniela Di Fabio, Bruce Hildebrand, Andree Lupton, Systems Officer Kerry Haywood, Member Relations Sharan Simmons, 4 Members via Zoom

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## Apologies

Sarah Betts, Robert Carruthers, Eve Fairbairn, Christine Green, Anne-Maree Jones, Mary Mc Arthur, Helen Simmons

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## Minutes of previous AGM

8 October 2021

Accepted and approved by the members (Meredith Brooks, Daniela Di Fabio)

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## President's report

The President's report was presented at the meeting ([link to report](#))

Robyn Rix began with a welcome to the members and an Acknowledgement of Country. She delivered her report by way of a PowerPoint presentation reviewing the major achievements for the year 2022 and outlining plans and priorities for the PAA's new committee.

The President's report covered:

- Membership Statistics for the year – numbers have increased
- A reminder of the PAA Vision, Mission, Organisational Goal and Strategies
- An update on the Natural Therapies Review
- Progress on establishing one strong industry voice
- Work done on developing a world class educational network

- Expansion of the member resource library with e.g. the Pregnancy and Post Natal Health Screening Questionnaire
- The systematising and addition of new organisational policies as well as plans to review the Constitution
- Technology utilisation and preliminary investigations regarding a new website
- Staffing updates – Sharan Simmons has taken over Member Relations from Carolyn Antony
- The streamlining of membership processes
- The Australian Pioneers Project
- A wrap up of last year's conference and preparations for next year's
- The marking of the PAA 20<sup>th</sup> Year Anniversary
- Current initiatives – a mentoring project, monthly masterclasses and podcasts, the Elders' birthday spotlights
- Refinement of our Scope of Practice and complaints we have made regarding physiotherapists breaching the Department of Health circular PHI 69/18
- Collaboration with the US based Pilates Method Alliance

The President thanked the committee, the PAA administration staff, Kim Paxton (mentoring project), and Mary McArthur (Constitution review).

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## Treasurer's report

The Treasurer presented the PAA financial statements and reports for the year ended 30 June 2022.

Total current assets: \$314,532

Total current liabilities: \$34,492

Net assets: \$280,040

Total accumulated funds: \$280,040

Meredith Brooks emphasised the value-for-money members are getting for their fees.

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## Election of Committee Members

There were three nominations for three positions and these nominations are accepted.

The PAA Committee for 2023:

President - Robyn Rix

Vice President - Chris Lavelle

Treasurer - Meredith Brooks

Secretary - Karen Goh, nominated by Robyn Rix, seconded by Chris Lavelle

Ordinary Councillors

Simmons Cser-Pratzky, nominated by Penny Hundy, seconded by Caroline Sammut

Daniela Di Fabio

Eve Fairbairn

Narelle Forbes

Bruce Hildebrand, nominated by Mollie Hildebrand, seconded by Chris Lavelle

Andree Lupton

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## Other business

There being no other business, the meeting closed at 16:35.