

PAA Code of Conduct

| Responsibility | • work according to the competency level applicable to qualifications and experience and not promote services outside competencies |
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| | • ensure professional development and industry interaction through attendance at suitable workshops, conferences and other continuing education opportunities |
| | contribute to the Pilates profession, for little or no compensation or for personal advantage |
| | be a role model for clients by managing one's own physical and mental health |
| Do No Harm | act in the best interests of clients including referring/collaborating with other health professionals |
| | where appropriate |
| | • act in a competent, caring and responsible manner, including care with appropriate hands-on correction |
| | • provide a safe and hygienic environment including regular equipment maintenance |
| | provide safe equipment use when springs or other moving components are being used or adjusted, including education of clients on all safety-related issues |
| | • instruct clients according to the safe application of accepted Pilates techniques and principles |
| Respect | • work with integrity, respect and fairness considering the rights, dignity and worth of each client, including cultural sensitivity |
| | • treat all clients equally regardless of gender identity, ethnic origin or religion |
| | • ensure no discrimination in service provisions in relation to age or disability or ability |
| | maintain a professional relationship with all clients |
| | honour the client's right to personal modesty and privacy |
| Integrity | • know and abide by relevant legislation including, but not limited to, the regulations and laws |
| | surrounding privacy, anti-discrimination, trade practices and fair trading, health professional |
| | practice, workplace health and safety, child protection, and harassment |
| | show respect to colleagues and the profession |
| | • act so as not to bring the profession into disrepute |
| | report breaches of the Scope of Practice, Standards of Practice or this Code to the PAA |
| Advertising | • market services and products ethically and in a clear and factual manner |
| | do not make false or misleading statements including unfair comparisons with others |
| | • do not make statements on behalf of the PAA without specific approval from the executive committee |
| | comply with rules regarding use of the PAA logo and brand |
| Client | maintain high standards of client record keeping in line with PAA guidelines |
| information, | maintain high standards of financial and business record keeping |
| privacy and | • protect client confidentiality ie not sharing client information without consent, except in the case |
| record | of an emergency or if required by law |
| keeping | comply with State Government Health Records Privacy legislation |
| | • ensure all records are held securely and are not subject to unauthorised access, regardless of |
| | whether they are held electronically and/or in hard copy |
| | all non-active client data to be kept for a minimum of seven years and then securely destroyed/ shredded as specified by current regulations and legal advice |
| Workplace | establish WHS procedures and review annually |
| practice and | • mitigate risks by educating staff and clients about potential hazards, risks and how to maintain a |
| safety | safe workplace |
| | if an injury or accident occurs, record the details as soon as possible, including time, date, place, witnesses and why/how the accident/injury occurred, keeping records for the duration legally specified |
| | conduct a studio/venue risk assessment, instigate remedial action and develop mitigation plans to avoid a recurrence |
| | conduct a follow-up review and workplace discussion in regard to incident management and procedures and ensure WHS procedures are updated accordingly |
| Business owners a | re also required to adhere to National Employment Standards and any relevant awards, legislation and |

Business owners are also required to adhere to National Employment Standards and any relevant awards, legislation and work-safe practices appropriate to each State and Territory and to ensure appropriate staff policies and procedures are maintained.